



Tag Team Sparring Competition

The Tag Team Sparring competition consists of teams made up of three competitors. Competitors may tag in and out with their team ONLY during a break in the match. Example: "Break" is called for by judges for points/warning; at this point competitors may tag in and out. A tag must be made before the restart of the match.

1. Basic Rules

1. Teams must have three competitors, and members do not have to be from the same school.
2. Teams can have a mix of males and females on the team.
3. All team members must spar each round, or the team will be disqualified.
4. Once a member is tagged in, they must remain in the ring until the next "break". Once "break" is called, the current sparrer has the ability to tag in another team member.
5. All sparring matches are 1 minute and 30 seconds, and all matches will be in a double elimination bracket.
6. Points and warnings are the same as traditional tournament style point sparring.
7. If the match ends in a tie, then the team member sparring at the call of "time" will compete in sudden victory. The first point wins, or the first penalty loses.

2. Divisions

1. There are no rank divisions in the Tag Team Sparring Competition.
2. Teams can have a mixture of color and black belts, or teammates can be of the same rank.
3. Divisions are determined by age:
 1. Youth Division (9 years old and younger)
 2. Young Teen Division (10 - 14 year olds)
 3. Older Teen/Adult (15 years and older)